

# THROWBACK

2016-'17



# JUNE 2016

06-06-2017

## WORLD ENVIRONMENT DAY

The volunteers of National Service Scheme observed World Environment day by planting saplings in the campus .Principal Alexander V George inaugurated the programme by planting sapling.saplings were also planted by physics department head prof. Sindu Jones and B.com department head Dr . Nalini.J , programme officers Prof.Arabhi P and Prof.Thomas kuruvilla and National Service Scheme volunteers cleaned the municipality area infront of the college,where there is a garden maintained by our college.



14-06-2016

Volunteers planted more than 25 tree saplings along the sides of college ground as an extension to the Environment day

**21-06-2016**

## **INTERNATIONAL YOGA DAY**

International yoga day was observed in the college in collaboration with National Service scheme and M G University-Centre for Yoga and Naturopathy.1500 volunteers and programme officers from various colleges performed Yoga.M g University Vice Chancellor Dr Babu Sebastian, Honorary Director of Centre for Yoga and Naturopathy Dr C R Harilakshmindra kumar ,M G University N S S Programme coordinator Dr. k sabukuttan, Baselius college principal Prof.Alexander V George and baselius college programme officers too performed yoga. The event was inaugurated by MG university vice chancellor Dr. Babu Sebastian. Yoga performance was led by yoga master sanjayanand and Ms.Anjana.





**28-06-2016**

## **POSTER COMPETITION**

N S S unit organized an inter departmental designing competition conducted as a part of international day against drug abuse to create awareness about the hazards of the misuse of drugs. The theme of the competition was 'DRUGXIT'. Prizes were distributed to the winners and posters were displayed in the college.



## **JULY 2016**

**1-7-2016**

### **AWARENESS CLASS**

An awareness class on the harmful effects of drug consumption was organised by the N S S unit. It was held at 3.00 pm at the A.P mani media centre. The session were taken by Excise department officers Binoy sir and Jiji sir. They took elaborate session on the things came under the umbrella term 'drug' and hence they affect human body as well as human relationship. Prof . Selvy Xavier of Malayalam department and Prof. Anil of Sanskrit department, N S S Volunteers and students from various department attended the sessions.



### **CLEAN, GREEN MEDICAL COLLEGE**

In co-ordination with the Navajeevan Trust and clean and green association, N.S.S volunteers cleaned the compound of kottayam Medical college and planted several tree sapling on 2<sup>nd</sup> july 2016. 30 volunteers along with the programme officers reached medical college at 10.30 am and engaged in the cleaning activities as per the instruction of Navajeevan Trust members. Inspired by this act many other people too joined the volunteers. This helped to create effective awareness from the people as evidenced by the participation of the public in the activities.



## **SEMINAR AT KOTTAYAM RAILWAY STATION**

On 13<sup>th</sup> of July a seminar on 'INDIAN RAILWAY' was conducted and N.S.S volunteers from the college attended the seminar which began at 2.00 in the evening . Seminar was given by station master M.T salim. After the seminar the volunteers along with volunteers from other colleges and railway employees together cleaned the compound of railway health centre till 4.00 in the evening.

## **DRUGXIT**

Orientation Programme for first semester students was conducted in the college on 18-7-2016 Named ENLIGHT-2016. The programme was inaugurated by Excise commissioner Sri. Rishi Raj Singh I. P S. He spoke to the parents and students about the harmful effects of consuming drugs, various forms of drugs etc. He inaugurated 'DRUGXIT' the anti-drugs awareness programme implemented by the National Service Scheme unit of Baselius college. Sri. Rishi Raj Singh published the logo of 'DRUGXIT'. He honoured Sarath.P.Nath who was awarded with Best programme officer award and Ms.Jayasree.S, best N.S.S volunteer of M.G university. Orientation class was led by Fr.Jose mariadas of Bethany Ashramam,Thiruvalla. The meeting concluded by 1.15 pm.





# AUGUST 2016

## N S S HALF DAY ORIENTATION 2016

As the first step towards being an N.S.S volunteer a half day orientation was given to the newly enrolled N.S.S volunteers. On 4<sup>th</sup> of august 2016 at 2.00 pm at the Mrs Mappilai hall. Former principal of Baselius college Prof. Elias inaugurated the meeting which was presided over by the college principal Prof. Alexander .V. George. Orientation was given by Prof. M.S Sunil who is the former N.S.S Programme officer of catholicate college Pathanamthitta and a social worker for years. She spoke about the importance of Social service and how N.S.S becomes the most appropriate platform for that . The talk was very delightful that a new light was lit up in the minds of the volunteers.



## LOVE KOTTAYAM Law literacy programme

As part of the LOVE KOTTAYAM [Legal orientation vision for exemplary kottayam ] project implemented in collaboration with district legal services authority, kottayam National Service Scheme, Mahatma Gandhi University, and BAR Association Kottayam a training class was conducted on August 6<sup>th</sup> at BCM college auditorium. This project with the motto 'Laws are not to fear, but to protect us', is launched with the intention of making the public familiar with the laws in our country and how the law can protect us and to make the public aware that they can approach the body of law without fear. The formal meeting was inaugurated by Adv. S. Santhakumar (District & sessions court judge ) Sessions were taken by Sub. judge A. Ijas, Adv. Akhil kumar and Adv. sindhu gopalakrishnan. Then videos on the topic were screened. Meanwhile booklets were also distributed. Programme also concluded by 2.00pm.

## **CELEBRATING THE FREEDOM**

The 69<sup>th</sup> Independence day of our country was celebrated by the N.S.S unit at the college. All the 1<sup>st</sup> Dc and 2nd DC volunteers, Programme officers and staffs of the college were present. Prof. Alexander V George hoisted the national flag at 7.30 and delivered the message. Afterwards volunteers took the pledge and sang patriotic songs too. Each independence day remind us that we should not forget the hard work and sacrifice of our leaders for the attainment of the freedom we enjoy today and to work selflessly for the integrity and progress of our nation. Before dispersing sweets were distributed.



## **INTER DEPARTMENTAL POSTER DESIGNING COMPETITION**

In connection with the “ open defecation free kerala” project by suchitwa Mission an inter-departmental poster designing competition was conducted by the N.S.S unit at the college on 16<sup>th</sup> august. Theme was “MY WASTE MY RESPONSIBILITY “. A group of 2 students each from all department .A group of 2 students each from all departments participated . Winners were awarded with prizes and wining poster were exhibited in the college.



## **HONOURING THE HARDWORK**

On 17<sup>th</sup> August a meeting was organized at the college for honouring the winners of M.G. University N S S awards . M.L.A of kottayam Sri. Thiruvanchoor Radhakrishnan



honoured Best Principal awards winner Prof. Alexander .V. George, Best Programme Officer Prof. Sarath. P.Nath, Best N.S.S volunteer Jayasree.S in the meeting held at A.P.Mani media centre at 3.00 p.m



### 3 DAY CAMP 2016

#### RESOURCE PERSONS

- Mr.Sobin Mathew (ASAP Trainer)
- Dr. Jobin chamakkala( yoga trainer)
- Dr. B.Iqbal (Member, kerala planning board)
- Merin Maria Sebastian ( Former N.S.S volunteer secretary)
- Sherly Zachariah ( Agriculture officer, Ettumanoor)
- Praveen Varghese M.S.W

#### DAY-1

N.S.S 3 day camp of the year 2016 started on 19<sup>th</sup> august 2016. Inaugural meeting was started at 6.00 in the college auditorium. Programme officer Prof. Arabhi P welcomed the gathering and college vice principal Prof. N V Leela delivered the presidential address. Camp was inaugurated by Prof. Jacob kurian onatt ( former principal Baselius



college). The meeting concluded by 6.30 pm.



### ICE BREAKING SESSION

The ice breaking session was handled by Mr. Sobin Mathew (ASAP trainer). The session was intended to melt the ice bergs of anxiety, stress and strangeness in the minds of the volunteers. He divided the volunteers into groups and engaged them in several group activities and games. So that they could familiar with each other . then the volunteers had their dinner .



## DAY-2

The second day of the camp started with assembly. Programme officer Prof. Thomas kuruvilla hoisted the N.S.S song. Volunteers took the pledge and it was followed by



thought of the day and exercise.

After the assembly volunteers practised yoga and meditation according to yoga instructor Dr. Jobin chamakkala. Practising yoga helped the volunteers relaxed and they got the energy for the entire day.

The first session was by N.S.S volunteer secretary Maria Susan Varghese. The session helped the volunteers to get to know each other and learn everyone's names.

After the breakfast an interactive session with Kerala planning board member Dr. B Iqbal was arranged. He spoke about the actual aims of education and how educated youth can lead the society to well being and progress. He shared several of his experiences too. Volunteers were free to ask questions and they were satisfactorily answered. His talk was very informative and useful to the volunteers.

The next session was taken by Praveen Varghese. He is a social worker and a former Baselian too.

He spoke about 'Social engineering' quoting his own experiences. He informed students about scholarships available for them at the national and international levels as well. The session was very entertaining though volunteers learned so many things from him. After lunch, Tharun C Thomas, secretary of Red Ribbon club introduced R R C to the volunteers. There was a multimedia presentation and a short film was screened to R R C representatives too. They talked about the importance of blood donation and how it saves lives as well as the benefits as well. They explained the role of R R C in our college in this.



At 2:30 former NSS volunteer secretary Merin Maria Augustine interacted with the students. She shared her experience of taking participating in the Republic Day parade. The young volunteers were very much influenced by her. At 4 in the evening Mrs Sherly Zachariah, agricultural officer at Ettumanoor spoke to the volunteers about organic farming and about the preparation of organic fertilizers and pesticides. The class was very informative.

Then it was time for outdoor games. Volunteers were divided into groups and games were conducted as per the instruction of Joby sir(physical education). After coffee and snacks it was time for group dynamics. In groups, volunteers performed skits and best skits were selected.

After dinner 3<sup>rd</sup> D C NSS volunteers interacted with the volunteers to cheer them up. Everybody gathered at the college ground and enjoyed the time singing songs etc...





### DAY 3

Third day of the camp started with assembly at 6:00 am. NSS Programme officer Pro Arabhi P hosted the flag followed by pledge, exercise and thought for the day.



From 7 to 8:30 volunteers cleaned the campus and classrooms. After having breakfast volunteers shared their experiences and evaluated the camp. The camp thus successfully



came to a closure by 10'o clock.



## MY FACE

In collaboration with Swachh Bharath Abhiyan, Suchitra Mission and Social Work Department of B C M College, Kottayam a meeting of MYFACE (Movt of Youth for a Clean Environment) was conducted on 22-8-16 at B C M College Auditorium, for school, college students and teachers. The meeting was conducted as the first step of declaring Kerala as the first Open Defecation Free state in India. The meeting was inaugurated by District Panchayat President Joshy Philip, prof Punnen Kurian, Principal



of St Marys College,Manarcad spoke about hygienic and safe methods of constructing septic taules. Kottayam district Collector C A Latha IAS, Municipality Chairperson P R Sona,M G university NSS programme coordinator K Sabukuttan , District Convenor Alby Anto, Assistant Modal officer K Venugopal , B C M College Principal Mrs Sheela Cherian , Dr Ipe Varghese and Rev Fr philipmon Kalathara also spoke at the meeting. After takin an oath, various school ang college teams performed skits on the topic personal hygiene. Later prizes for the winners of school ang college level poster making competition were distributed.

**Working for a cause**

The NSS unit ofr Baselius College took up the challenge of constructing a toilet for a family in plakkanpadi village. Volunteers under the leadership of programme officer Prof Thomas Kuruvila reached the site and with the cooperation of ward members Ms jasmine,Jalanidhi workers , and Suchita mission workers constructed the toilet on 27<sup>th</sup> August.Panchayat member Sri . pradeep inaugurated the construction works.By this humble act a very important requirement of the family was fulfilled.construction were completed by 4'o clock.



**LEGAL LITERACY ORIENTATION**

A the part of LOVE KOTTAYAM[Legal orientation vision for exemplary kottayam ] an orientation class on legal literacy was conducted at the college auditorium on 30 august . LOVE KOTTAYAM project is intended to make kottayam the first district with complete legal literacy. The class was led by Adv. Sindu Gopalakrishnan. It helped the

volunteers to understand how laws helps us and what all laws are there. Laws are not to fear but to protect us. District court manager Hari k Namboothiri also spoke to the volunteers. Booklets on the topic were distributed among the volunteers .

### **SWAGATHASANGAM-7 Day special camp**

Swagathasangam for the 7-day camp was held at the GOVT. School vadavathoor on 31<sup>st</sup> of august at 3.30pm. N.S.S Programme officer Prof. Arabhi p welcomed the gathering. Mrs Sissy Boby panchayat president delivered presidential address. The meeting was inaugurated by Lisamma baby (Dist. Panchayath president) Sri. V. T Somankutty (member ward 5) , Smt. Usha (High school HM), Smt. Bindu. P (UP school HM), Sri sadandhan (PTA president), Programme officer Prof. Thomas kuruvilla and D2 N.S.S volunteers were also present in the meeting. Valiyapara colony were the school is situated is chosen as the adopted village.



### **7-DAY SPECIAL CAMP**

N.S.S seven day special camp 2016 was held from September 9-15 at Govt. High school Vadavathoor. The unit has adopted ward 5 of Valiyapara colony with the intention to being development to the colony in various fields. The activities included cleaning, cultivation, Library construction and cultural programme including the residents of the colony.

## RESOURCE PERSONS:

- A J Thomas ( vigilance inspector)
- Babitha Jacob ( PENCIL NGO)
- Jose periyar
- Prof. Jithin John( English Dept. Baselius college)
- Dr. Appu Jacob George
- N.S.S national awards winner)

## DAY-1

The seven day special camp started on 9<sup>th</sup> September 2016 at 5.30 at vadavathoor Govt. High school. Inagural meeting started at the school auditorium with the N.S.S song. Programme officer Prof. Arabhi P welcomed the gathering . College Principal Prof. Alexander V George was the president of the meeting. Camp was officially inaugurated by Mrs. Sissy boby, Vijayapuram panchayath president. Key note was delivered by Mrs. Lisamma Baby ( Dist. Panchayath member ), Mr. V T Somankutty member ward-5, Mr. N C Chacko ( ward no.6), Mrs Bindu p (UP school HM) also spoken at the meeting. Volunteer secretary Mariya susan Varghese delivered the vote of thanks .

The ice breaking session The first session began by 7.00 pm was led by Prof Jithin john professor at the department of English Baselius college. His session was very much effective and the volunteers were very much relaxed and in high spirits.

After the dinner, group dynamics started at 9.30. The volunteers were divided into 6 groups and each group was given in a rotation order from day2 to day6. After the prayer after the prayer volunteers were sent room to sleep.







## DAY-2

2<sup>nd</sup> days activities started with the assembly at 6.15 am. Program officer Thomas Kuruvilla hosted the flag, pledge, exercise, thought for the day and camp news followed volunteers practised yoga under the leadership of Prof. Thomas kuruvilla . After breakfast the first session of the day was taken by Vigilance inspector A J Thomas sir. He spoken about the topic against corruption. After that there was a session by Babitha Jacob, who works with PENCIL an organisation for children.

Then an on hand training class was taken by Mr. Jose periyar. He taught the children how to make things like paper bags, soap, etc.. in very cost effective manner.

After the lunch at 1.30 pm the session continued. At 3.00 manual labour at valiyapara colony started. After the cleaning works the volunteers returned to school. After that there was an interactive session by Prof. Dr. Selvy of Baselius college. The activities of the day ended with prayer.



### DAY-3

The activities of the day started with the assembly at 6.15 . After that volunteers practised yoga according to the instruction of prof. Thomas kuruvilla. The first session was taken by Manoj George National Service Scheme Indira Gandhi National Award winner and former volunteer secretary of Baselius college. It was a very interesting one.

After that volunteers set out for survey in valiyapara colony . Volunteers were divided into 66 groups and were led by D2 volunteers. Each group surveyed a given area. Survey is the best way to identify the problems and needs of a society. It benefits in several ways that people can solve their problems and the volunteers who surveyed could get to know that community even in a better way. Volunteers returned to Govt. School vadavathoor at 7.00. After this a movie chirakodinja kinavukal which was the plight of endosulfan victims was screened. The movie throw light on how terrible their lives are. Even then the rules support those who use this and ignores the pleas for banning the deadly pesticides endosulfan. And volunteers were given chances to evaluate the survey experiences and the movie as well. We won't forget what we see as fast as we forget what we listen or read. So it is hopeful that the students might have got a better insight and understanding about things happening around them.





#### Day-4

The fourth day started with the assembly. After yoga practising the volunteers were taught the N.S.S national song and there after the volunteers were in high spirits. Then they started making collage newspaper in groups. These kind of activities in enhancing creativity and efficiency to work as groups. The main activity of the day was toilet construction at valiyapara colony. It was inaugurated by the member of ward no 5 Sri. V T Somankutty. The volunteers worked hard from morning to evening there and constructed the toilet for a family at the colony. It was a really a great experience for them. Then the volunteers returned to the camp and teachers and staff of Baselius college visited the camp and conveyed their wishes. After that there was a session by Prof. Dr. Appu Jacob George. It was more of an interactive session. The students were free to ask about anything and everything under the sky. He is really a man of knowledge and it was not him but it was volunteers who chose the topics. Then by the analysis of collage made by the volunteers the days activities came to an end.







## Day-5

The main attraction of the fifth day of the camp was onam celebration and more importantly the inauguration of the library at the colony which is set up using the books collected by the volunteers. From morning itself the volunteers started practise for the programmes. And we made patterns also the onam celebration started at 11.00am in which Prof. Thomas kuruvilla welcomed the gathering and Sri.

Roy John idayathara inaugurated the meeting. Sri. N C chacko( member of ward 5) presided over the meeting. Volunteers performed songs, dance etc. Then Baselius college Malayalam department head Prof. Shyla Abraham, Sri. V T Somankutty, Sri.N C Chacko and Sri. Ravichan C P shared their childhood onam celebration. Then after the sumptuous onasaddya and reached valiyapara for the inauguration of the library. For this volunteers had been collecting books from students, staffs of the college and other well wishers for the last one month. A total of 980 books were collected and were entered into a register. For an economically backward areas like valiyapara colony a library is of great use. It is the greatest that we could do to the growing generation of that community. Sri. Thiruvanchoor Radhakrishnan (MLA Kottayam) inaugurated the library and he also

interacted with the children and the volunteers. Then the volunteers returned to the camp. Afterwards all groups presented skits and other cultural programmes.



#### Day-6

The main activity of this day was onam procession and volunteers were very much excited about it. The procession started from the school and reached Vadavathoor junction. The volunteers disguised as King Mahabali, leopards and the hunter. The procession was very colourful. The air was filled with slogans and songs. This was the Thiruvonam day and volunteers went to Valiyapara to take part in games and other programmes involving the residents of the colony and it was a delightful experience for them also. At 1:00 volunteers had lunch at school and dance and song performances were held. Then volunteers evaluated the camp and gave their suggestions. A surprise camp fire was also arranged and this too helped in improving the bond between the volunteers. The volunteers were in a state of mixed feelings of happiness and sadness, for this was the last night at the camp.



## Day-7

The seventh day of the camp started with assembly and yoga practise as usual. The camp was really an unforgettable one that the volunteers were not happy to leave the camp. It is sure that they wished that if the camp lasted for a few more days. With new determinations and good decisions volunteers left the camp. In every sense the 7-day special camp was a success.

## Saluting teachers;the eye openers

NSS volunteers observed the Teachers day by gifting all teachers with flowers and handmade greeting cards. The teachers were surprised and were very happy for this expression of love and respect.



## SEMINAR ON LIFESTYLE DISEASES

The volunteers attended a district level seminar on ‘ Changing life style and increasing heart diseases’ held at vyabharabhavan , Ettumanoor on 7<sup>th</sup> September, under the auspices of Kottayam Public Relations Division. Seminar was given by Dr T K Jayakumar (Cardiology dpt Kottayam Medical College ) . the meeting was inaugurated by Sri Thomas Plackithottiyil dist collector C A Latha IAS , Who honoured Dr T K Jayakumar afterwards,presided over the meeting. An interactive session followed were Dr Jayakuumar clarified doubts of the people.

## SANTHIBHAVAN VISIT

September 24, is observed an National Service Scheme day and as an act of serving the needy and considering others N.S.S volunteers visited santhibhavan, an old age home asylum for homeless, at muttambalam in kottayam. It was a very touching experience for



the volunteers. Volunteers donated sandals for the residents, sweets and a sum of money



using their pocket money and savings.



## OCTOBER

### GANDHI JAYANTHI ; OBSERVED IN THE RIGHT MANNER

As a part of Gandhi jayanthi celebration an anti drug awareness rally was organised by Excise dept. Kottayam district from collectorate to Gandhi square. Our volunteers participated in the rally which was flagged off by M.L.A Sri. Thiruvanchoor Radhakrishnan at 8.30 am and rally reached Gandhi square at 9.30 am. Excise officers, NCC cadets and Student police cadets participated in the rally. Each Gandhi jayanthi reminds us that we should follow the great example of the father of our nation and these kind of activities will help us to work in the direction of his dreams about humanity.

### CLEAN COLLECTORATE

As a part of the Gandhi jayanthi week celebrations about 30 NSS volunteers from our college participated in the Collectorate cleaning activities. District collector C A Latha I

A S inaugurated the cleaning activities at 10.00. The volunteers cleaned the ground and compound of collectorate.



### BLIND WALK

The world sight day was observed on 13<sup>th</sup> October as an act of giving support to the visually challenged. Blind walk was organised by project vision and Darsana academy kottayam from Darsana to Thirunakkara maidan. The concept behind blind walk was that the blind or visually challenged people will lead the volunteers, including 100 NSS Volunteers from Baselius college , programme officers , volunteers from Alpha opticals , Mall of joy ,vasan eye care and NCC Cadets . who covered their eyes . Sri Thiruvanchoor Radhakrishnan flagged off the Blind walk at Darsana Cultural Centre at 9.00am sri Thiruvanchoor Radhakrishnan , municipality chairperson Smt. P.R Sona , Ishsha maulavi , DYSP Gireesh P Sarathy , Fr. Justin Kaliyaniyil ,Jayasuryan Bhattathirippad.



## **OCTOBER 2016**

### **National students day celebration**

October 15, birthday of former Indian president A.P.J. Abdul Kalam was celebrated as student's day. The student day celebration organised by district panchayath was inaugurated by a former chief minister of Kerala, Sri. Oommen Chandy. M.L.A. Thiruvnchoor Radakrishnan presided over the meeting and Municipality Chair person P.R. Sona delivered the keynote address. JUSTICE K.T. Thomas inaugurated the (Abdul Kalam Better Level Education Programme) ABLE Kottayam. It is an educational programme implemented by the Dist. Panchayat. MLA C.K. Asha, Dist. President Joshy Philip, P.R. Sona, Dist. Panchayat Vice President Mary Sebastian, Sacharias Kuthiraveli, Sunny Pamady, Sasikala Nair (P.W.D.), Permanent Committee Chairperson and Betty Roy Maniyangot (Welfare Committee Chair person) spoke. Individuals and educational institutions which excelled in various ways were honoured. Student's day rally was also conducted.

### **Donating Blood, Donating Life**

NSS unit & RRC in collaboration with the World Blood Bank organized a blood donation camp on 25th October with the support of MAAC Kottayam & Rotary Club with the technical assistance of Kottayam Medical College Blood Bank. It was conducted from 9.30 am to 1.00 at Miss Mammen Mappilai Hall at the college. About 100 students and staff of the college and representatives from MAAC Kottayam donated. These units of blood were donated to the Medical College blood bank. Anyone with the good health condition and above 50Kg weight can donate blood. Blood donation not only helps someone in extreme need of blood, but also the donor such that it will facilitate the production of Red Blood Cells and thus purifies our blood too. Donating blood is like donating life in a sense.





### **November 2016**

On 1st November, an intercollegiate essay writing competition was organized by MGU National Service Scheme at B.K College Amalagiri. NSS volunteers from our college Athira Dinesan and Christo Ninnan participated in the competition where about 30 volunteers from various college too participated.

### **World Immunization Day Observation**

As part of the World Immunization Day observation on 11th November, a flash mob was performed in front of the Dist. Hospital Ktm by the volunteers. After the flash mob Placards carrying messages were exhibited and Pamphlets were distributed among the people about the importance of Immunization for children.

### **Exhibiting Talents**

On 11th November, 2 volunteers Ananthakrishnan K & Fathima.J.Ashraf participated in the intercollegiate quiz competition at University campus

### **Return to the way of nature**

On 14<sup>th</sup> November , volunteers of NSS planted about 20 saplings of various plants and started organic farming in the college compound. Plant saplings like peas, bitterguard, snakeguard,tomato,spinach etc,were planted and it was decided to give the produce to the college hostel.



### **Fight Against AIDS**

On December 1<sup>st</sup> being observed as world AIDS Day-Awareness procession and a meeting followed by it were held and the district level inauguration of AIDS awareness programme was held at NRHM Hall Kottayam. The procession from the collectorate reached NRHM Hall by 10.30 am. NSS volunteers from various college students, Govt. Nursing college, Caritas Hospital participated actively carrying placards. Ward councillor Sri.Sabu Pulimoottil presided over the meeting when D.M.O Dr. Jacob Varghese delivered the key note address. “Raise Hand for Immunity” was the motto. An exhibition too was conducted following the meeting.



## **Say No To HIV**

On 2<sup>nd</sup> December a seminar was conducted under the leadership of NSS in the college on awareness about the prevention of HIV. Seminar was given Dr. Bijoy.S , in charge of public health service of Medical College Kottayam.



## **January**

### **Book Stall-Rakendu State Musical Event**

As part of Rakendu State Musical Event, NSS Unit started a bookstall at M.T School ground in collaboration with D C Books & National Books. Books were sold at evening from 12<sup>th</sup> January 2017 to 15<sup>th</sup> January 2017. The bookstall was setup as part of fund raising for 'Pothichoru' a new initiation of NSS Unit of Baselius college.





### **Pothichoru-An act of love and care**

NSS Unit of Baselius college started a new venture called 'Pothochoru', a programme of distributing lunch to the people in the street. This is a kind act of humaneness and an expression of love and care to our brothers. The food packets collected from among the volunteers are distributed to the poor and needy people along the road side and streets of Kottayam. It is really a great experience to the volunteers too. Every Friday volunteers distribute about 50 food packets throughout the Kottayam town.

### **Blood Donation, Life Donation**

About 10 girl volunteers from our college donated blood at the 'Mega Blood Donation Camp' at B.C.M college, Kottayam on 13<sup>th</sup> January 2017.

### **Zoom In**

In coordination with the Histrionics Club of Baselius college NSS unit of the college conducted a short-film screening on 13-1-2017. 5 Shortfilm were screened, at the Mrs. Mammen Mappilai Hall and discussions were held afterwards.

### **MOC Meeting**

On 21-1-2017, a meeting of the teachers from the college under MOC (Malankara Orthodox Church) was held at the college auditorium, where NSS volunteers did the arrangement and a bookstall was setup in front of the college from 9.00 am to 4.00 pm. Several books were sold. The money collected was invested in the fund for the 'Pothichoru'.

### **Vimukthi**

On 23-1-2017, 36 NSS volunteers attended the district level inauguration of 'Vimukthi' an initiative of Kerala State Anti-Drug mission. Hon'ble minister of Fisheries Smt. Mercykuttyamma inaugurated 'Vimukthi'. The meeting conducted at Mammen Mappilai

Hall at 2.00 pm was presided over by Sri.Thiruvanchoor Rdhkrishnan(MLA,ktm). A short film'Kuzhiyana' was also screened.



### **Republic Day 2016**

Republic day was celebrated by volunteers of NSS at the college by hosting the flag and cleaning the college campus. Principal delivered the message and volunteers sang patriotic song too.



## **FEBRUARY**

We distributed about 15 food packs as a follow up of the food distribution programme 'pothichoru' to the poor and needy people of the street.on01-02-2017

### **Community Health Programme**

A Community Health Programme was organised by Navajeevan trust in association with NSS MG University at Thirunakkara maidan on 2<sup>nd</sup> February and we arranged a stall on the topic "Traffic rules".

### Medical camp campaigning

Volunteers informed the residents of Valiyapara colony, our adopted village about the proposed medical camp. We invited the people to the camp which is scheduled on 18 Feb 2017.

### Medical camp

A Medical camp was conducted at the Community hall at Valiyapara colony, our adopted village on 18<sup>th</sup> February in association with General Hospital Kottayam. Above 50 people attended the camp for the diagnosis of various diseases. Camp was inaugurated by Vijayapuram panchayat president Smt. Sissy Bobby. Conducting a Medical camp was a necessity of the people of the colony and it was a success in terms of participation.

## **MARCH**

### **Navajeevan Visit**

The NSS Unit of Baselius college visited Navajeevan Trust as a part of palliative care on 2-3-2017. About 35 NSS volunteers along with Programme officer had interaction with the Navajeevan inhabitants. Sir. P.U Thomas the founder and organizer of the trust had an interaction with volunteers. It was a heart touching experience for us.

### **Farewell!**

We gave farewell to our 3<sup>rd</sup> DC volunteers on February 3<sup>rd</sup>. More than an organisation NSS is a family and relationships are cherished and strong bonds are created through NSS. Once an NSS volunteer, always an NSS volunteer. The farewell meeting was an unofficial one where the volunteers shared their experiences.



A felicitation meeting was conducted at the college on february 7<sup>th</sup> to congratulate Dr. Sabukuttan K., on the occasion of his promotion as NSS State co-ordinator.Principal Prof. Alexander.V.Jacob presided over the meeting. Prof.Reshma Rachel (NSS programme officer BCM College) and prof.Ramakrishnan (NSS programme officer Girideepam college of Advanced Learning) felicitated.

### **Streetplay**

NSS volunteers performed a street plays at Nagampadom and Thirunakkara bus stand on February 9<sup>th</sup> in connection with the Women's day celebrations.

### **Seminar**

On 15<sup>th</sup> february 10 volunteers attended the anti-drug seminar conducted at MG University.