



NATIONAL SERVICE SCHEME

ANNUAL REPORT

JUNE 2014

WORLD ENVIRONMENT DAY CELEBRATION

World Environment Day was observed by National Service Scheme on 5th June by planting seedlings, in the college campus and by conducting an awareness class for the students of **G.L.P.S. Mudiyoorkara**. The resource person for the class was Prof. Sarath.P.Nath (NSS Program Officer, Baselius College). The class was meant to make students aware about the deadly impacts of pollution, the hazardous effects of plastics in our society and the need to observe such days. The students were asked to plant and care for the saplings that were distributed among them. The Paper bags which were made by one of the teachers of the school were distributed among the parents who attended the function and were advised to use such bags for daily shopping's. The teacher behind this 'Go Green' ideology was appreciated in the function.

POSTER DESIGNING COMPETITION

A poster designing competition was conducted for the students of the college as part of creating awareness among the students about the importance of voluntary blood donation. The topic for the competition was '**Save Blood For Saving Mother**'. Almost 12 teams of two students each participated in the competition. Books worth Rs. 750, Rs. 500, and Rs. 250 were presented as gift for the winners. The posters which were created in the competition were displayed on the college walls for the students to comment and criticize.

'VAYANADINAM' OBSERVED

As part of observing '**VAYANADINAM**' (a day for reading), the National Service Scheme of Baselius College in association with Department of Malayalam, Baselius College organized a seminar discussing about the importance of reading on 19th June 2014. Eminent scholars of nearby academic and cultural institutions interacted with the students regarding the need to read books. The function also expressed condolences to recently dead Latin

American epic writer Gabriel Garcia Mathews. Former principal of Baselius College Prof. P.C. Alias delivered the key note lecture for the event. Marques depiction of ‘magical realism’ in his writings and Kerala readers love and admiration for the works of Marques was discussed in the session. The importance of e-reading and its significance in an ‘e-world’ was expressed by two eminent scholars in the field Dr.MathewPral and Prof.Gireesh Kumar.

ELOCUTION COMPETITION

An elocution competition was conducted for students of the college as part of the observation of International Day against Drug Abuse on 27th June 2014. The topic for the competition was ‘**The Involvement of Youth in Creating a Drug Free World**’. Ten students representing various departments of the college participated in the competition, and expressed their views on the participation of youth in the root level of the society to resist abuse of drugs by their fellow youngsters. The winners of the Competition were awarded cash prize worth Rs. 1000, Rs. 750 and Rs. 500 and certificates issued by National Service Scheme. Brochures provided by the Narcotic Division of Kerala Police containing the need for a drug free world was distributed among the students of the college by the volunteers of NSS.

JULY 2014

BLOOD DONATION CAMP

A blood donation camp was conducted in the college in association with the Rotary Club of Kottayam and the Blood Bank of Medical College on 1st July 2014. Prof. Jithin John, Department of English inaugurated the camp by donating blood. **81 units of blood** were collected on the day. On the same day **Rotary Day** was also observed in the presence of the club president Mr. Bino Baby Alex. N S S Programme officer Prof. Sarath P Nath talked about the important blood donation and urged the students.

LEADERSHIP TRAINING CAMP

A personality development and leadership training camp for N S S volunteers was held at Devamatha College, Kuravilangadu from 11th July to 13th July. From N S S Unit of Baselius College, Ajaikrishnan G of 2nd DC English and Manoj George of 2nd DC English participated in the camp. Youth Empowerment and the role of youngsters in the development of the nation was the theme of the camp. The camp included group discussions, debate, cultural activities, interactive sessions.

ANTI – NARCOTICS CLUB

Anti – Narcotics Club of Baselius college was formed on 22nd July at the media centre, Baselius college. Around 80 students including N S S Volunteers and other students were present in the meeting. Mr. Santhosh Kumar N.V, Excise Inspector, Kottayam was the chief guest. He took an awareness session about the topic “Drug Abuse And Youth”. N S S Volunteer Deepu Jose of 2nd DC English Spoke About the need of students in raising voice against drugs. An executive committee of 15 students was formed. Adoney T John of 2nd DC Political Science was selected as the President and Jessu Johnson of 12nd DC English, the secretary.

BROCHURE DISTRIBUTION

On 30TH July, N S S volunteers distributed brochures advocating Anti – Ragging and there was a student’s meeting in front of the college and all of them took the oath against ragging. N S S Volunteer Ajaikrishnan G. spoke about how an N S S volunteer should be a model to other students. On the same day invitation for the new students who wish to join the N S S was also issued. N S S Volunteers campaigned the students about the value of national service.

AUGUST 2014

1-DAY ORIENTATION AND AWARENESS CLASS

ONE DAY ORIENTATION AND AWARENESS CLASS for the newly joined N S S volunteers was set up on 9th August 2014 at the college auditorium. Prof.P C Alias[Former Principal] inaugurated the function.He said that our nation contains a great portion of human resource and the proper channelization of the youth is not happening today and there lies the value of N S S in moulding an individual which contributes to nation building. Dr. Jyothimol P. of English Department took an awareness session about the vision and mission of N S S. It was meant to make the students familiar with the various activities in N S S. A session about self motivation and youth empowerment was also taken by Prof. Thomas Kuruvila. Some of the new students spoke about their dreams about N S S and the way in which they will work in the N S S.

INDEPENDENCE DAY

Independence day was celebrated on 15th August 2014 by the N S S volunteers of the college Principal Prof. Jacob KurianOnattu raised the flag and also delivered the Independence day message. He urged the students to join the hands for national integration and communal harmony. Sweets were distributed to the students. An inter department patriotic song competition was also conducted in the college on the next day. Teams from all the departments participated.

BLOOD DONATION CAMP

A Blood donation camp was conducted at St.John's Church, Kumaranallor.25 Students from Baselius College donated the blood and 25 students were participated in the blood donation campaigning at St.John's Camp Centre. Kumaranallor.

INTERNATIONAL YOUTH DAY

The N S S Unit of Baselius College in collaboration with State Youth Welfare Board and N S S unit of M G University observed Youth Day on 19th August 2014 in relation to International Youth Week .M. P. Dinesh I PS inaugurated the gathering. A "Youth Task Force Against Drug Addiction" was formed at the occasion. Manoj George of 2nd DC

English presented an awareness session about the drastic effects that drugs have on youth and there was also an interactive discussion with students about the ways to control drug abuse. All the students who were present took an oath to avoid drugs in their life.

SATHBHAVANA DAY

National Sathbhavana Day was celebrated by the N S S Unit on 20th. Prof. Arabhi P., N S S Programme Officer delivered a speech on national integration. There was a video presentation that included the legendary history of India and eminent personalities in the Indian history who still stay as an epitome to the new generation. Also there was a group discussion about the topic ” **National Unity And The Role Of Campuses**”

BLOOD DONATION CAMP

50 girl volunteers of N S S unit donated blood in the Blood Donation Camp Organized at B C M College, Kottayam on 22nd August. They also participated in a campaigning about voluntary blood donation.

AWARENESS CLASS

An awareness class on AIDS was conducted at the college auditorium on 27th August 2014. It was taken by Dr. Sue Ann in association with Vihan Care and Support Centre. All the N. S. S volunteers attended the class. The class included PPT presentations and interactive sessions.

SEPTEMBER 2014

Pre – Republic Day Selection Camp

Pre – Republic Day Selection Camp was conducted at B.K College Amalagiri on 3rd September 2014. Three volunteers, .Manoj George of 2nd DC English, Amrutha Mariam of 2nd DC English and Suparna Ramanan of 2nd DC Economics were attended the camp.

SEVEN DAY SPECIAL CAMP

Seven Day Special Camp for the newly enrolled N S S volunteers was held at S.K.V.H.S.S Kurichithanam from 5th September to 11th September 2014. The camp was officially inaugurated by Mons Joseph M L A. Principal Prof. Jacob Kurian Onattu, Programme Officers, Previous programme officers, Mr. Belgi Immanuel, Panchayath President of Marangattupally Village, Sri. K N Raman Namboothiri, School manager and members of the managing committee, School principal and some other delegates were also present in the inauguration of the camp

. The main activities organized in the camp included a **health survey**. Setting up of a **kitchen garden** at the school surrounding and making the surroundings of the school campus clean. Each camp day started at 5.30 am and ended around 10.30 pm. Every day, there were different classes by eminent personalities regarding the all – round development of students. Between the class sessions, there were group activities, group discussion, etc.

A motivation class was lead by Sri. Sobin Mathew. The class aimed at improving the confidence level, creative thinking ability and leadership skills of the participants. The class was also helpful in understanding the importance of smart work.

On the 3rd day of the camp, volunteers visited **Shanthigiri Ayurvedic trust, Kurichithanam**. The officials in the trust conveyed the importance of Ayurveda in a sustainable life and the place of our country in the global medicine field. The methods of the treatment were also shown to the volunteers.

Sri. Aju Abraham led an interactive session based on creative development of students. Volunteers were assigned with different activities which were to be done in groups, and on the basis of these activities groups were awarded points.

The camp had its Onam celebrations as the moments of togetherness and happiness. Group wise competitions for Thiruvathira, Onapattu, Vanchipattu and Floral Design were conducted. A procession was organized by the NSS volunteers including epic characters such as Mahabali and Vamanan. Pullikali was also a part of the procession. The procession

went on through all the pocket roads of the Panchayath and many of the families gifted the volunteers with Banana chips and blessings.

Volunteers cleaned the school campus surroundings and made a small garden near the school ground. Also volunteers cleaned the Kurichithanam road and planted flower plants near the road.

On the 5th day volunteers visited Sri.Pazhayidam Mohanan Namboothiri's "**Pazhayidam Catering Plant**". Pazhayidam himself introduced the volunteers about the various modern food preserving techniques and packing instruments. After that there was an interactive session with Pazhayidam about the food tastes in India.

The volunteers took a health survey in the Kurichithanam village. The survey was intended for analyzing the health status of about 110 families of the Panchayath by using parameters such as family health level, job status, hospital expense, and number of diseased members in the family, and blood group, epidemic history, availability of nutritious food and health management programs by the Panchayath. It was in a proper way that the volunteers were grouped and were sent to collect information's. The results were carefully consolidated by the volunteers and the report prepared on its basis was presented to the Panchayath president.

The 7-Day camp was very useful since it was a platform for the students to mould their creativity and improve their innovative ideas and talents. Cultural programs were organized everyday to improve the theatre skills. Students were grouped and duties and responsibilities were given to each group on a rotation basis and points were awarded to each group according to their efficiency in performing the duties entrusted upon them.

WORLD ALZHEIMER'S DAY

40 of our volunteers had participated in an awareness class and paper presentation at M G University in relation to World Alzheimer's day observation on 26th September 2014. Abraham J., finance officer inaugurated the gathering and told that we have to

consider Alzheimer's patients as one among us we should time to spend with them. Mr.Sreekumar M G University Public Relation Officer, delivered a paper presentation on the topic "Alzheimer's and Old Generation" He remembered the volunteers that caring an give them atmost satisfaction.

WORLD HEART DAY

On 28th September 2014, N S S Volunteers observed World Heart Day by conducting an open forum discussing the increase of heart diseases and the ways to overcome it.The discussion reached it's final conclusion that the changing modern life style is the major reason behind the increasing level of heart diseases and morning walk and the intake of nutritious food were also recommended.12 of the volunteers had participated in "Heartathon" started from Collectorate junction to Thirunakkara ground.

OCTOBER 2014

NATIONAL BLOOD DONATION DAY

National Blood Donation Day was observed in the college by Red Ribbon Club and National Service Scheme in collaboration with Kerala State Aids Control Society , District Medical Office, Blood Donation Forums of Pala and Kottayam on 1st October 2014 ."Give The Gift Of Life,Donate Blood" was the theme based on which the day was observed.

An awareness rally was set up from the collectorate to the college. District Collector Sri. Ajith Kumar flagged off the rally.80 volunteers were participated in the rally with placards promoting the value of blood donation.

A blood donation camp was also conducted in the college with the technical support from blood bank, Medical college, Kottayam. District Collector inaugurated the camp by donating blood. A total of 50 units of blood were collected on the day.

A public meeting was also organized in the college auditorium which was inaugurated by Adv. Joy Abraham M P. Volunteers from different colleges attended the meeting.

The N S S volunteers also performed a **flash mob at** Nagambodam bus stand, Kottayam to spread the importance of voluntary blood donation. Brochures and notices were distributed among the audience which contains the value of blood donation.

GANDHI JAYANTHI OBSERVATION

In association with the “**SwachBharath Mission**” launched by the central government, of our N S S volunteers observed the Gandhi Jayanthi by cleaning the Kottayam Railway Station on 2nd October 2014. Volunteers cleaned the track premises.

30 of our volunteers participated in the cleaning programme at collectorate in relation to the “SwachBharath Mission” on 6th October 2014.

PRE – RD CAMP

Pre – Republic Day camp was held at Vidya Academy Of Science And Technology, Thrissur from 1st October to 10th October, Two of our volunteers, Amrutha Mariam of 2nd DC English and Manoj George of 2nd DC English attended the camp.

MA NISHADA YATHRA

15 N S S volunteers from the college attended a rally organized by the Kidney Federation of India in connection with **MA Nishadha Yathra** Of Fr. Davis Chiramel, Kidney federation of India on 11th October 2014. The rally ended at Gandhi Square and there was a public meeting inaugurated by Fr. Davis Chiramel. It was meant to spread the awareness about the importance of organ donation.

WALKATHON

On 17th October 2014, 45 of the N S S volunteers had participated in a “**Walkathon**” organized by Alpha Palliative Care to spread the message of palliative care in young minds. The programme was flagged off by Sri Mohan Johns, Retired District Medical Officer.

DECEMBER 2014

ANTI – NARCOTICS AWARENESS PROGRAMME

As the first activity of Anti – Narcotics Club under the N S S unit, an Anti – Narcotics Awareness Programme was conducted on 20th December 2014 in collaboration with Excise Department and Lion’s Club. Sri. Thiruvanchoor Radhakrishnan, Honourable Minister of Forest, Transportation, Sports and Culture inaugurated the meeting. He ensured the whole support from the cultural department to throw out drugs from the society. Inauguration of the Complaint Box was also delivered by the honourable minister by handing over the complaint box to College principal. Lion’s Club former secretary Sr. i .Joseph Alex, Lion. Binu George., Lion. George Francis, officials from excise department were also present

TRAINING CAMP

There was a training camp for N S S volunteers at Devamadha College, Kuravilangadu from 11th December to 13th December. Two of the volunteers from the college unit attended the camp.

JANUARY 2015

‘NATIONAL YOUTH WEEK’ OBSERVATION

On 14th of January we organized an inter-collegiate debate competition in association with the celebration of National Youth Week celebration. The program was a joint venture of Nehru Yuva Kendra and NSS unit of Baselius College. About 15 colleges took part in the competition. The topic for the debate was ‘protest against moral policing on the right path or on the wrong side’. The winners were awarded cash prizes of Rs. 1000, 750 and 500 for 1st, 2nd and 3rd price winners.

REPUBLIC DAY PARADE

As a proud moment for our NSS unit and M G University, Manoj George represented NSS in the Republic Day Parade held at Delhi on January 26.

REPUBLIC DAY CELEBRATION

The Republic Day was celebrated by hoisting the national flag in the college premises. Republic Day message was delivered by the college Principal. Sweets and paper flags were distributed among the volunteers. About 70 of our volunteers participated in the function.

FEBRUARY 2015

OBSERVING CANCER DAY

On 7th of February the National Service Scheme joined hands with ‘Sargakshetra’, a cultural organisation and offered them an artificial hair wig in order to find an eligible cancer patient, who is to be provided with the wig. On the Same day an awareness class by the NRHM was conducted for the students of the college.

MARCH 2015

LESSONS IN ORGANIC FARMING

On 19th of March The National Service Scheme of Baselius College in association with ‘Life Long Learning and Extension’ department of M.G. University conducted an awareness program for the organic farmers in the district of Kottayam,Idukki,Pathanamthitta and Eranakulam. The Class was led by Ms. Meenu S. Kumar, an eminent research scholar in the field of ‘Organic Farming Practices for a green future’. About 40 farmers from various districts attended the program, which was also a session for expressing and sharing the innovative farming practices that the farmers have introduced in their own farm lands.

Programme Officer

Prof. Sarath P Nath

Prof. Arabhi P

Volunteer Secretaries

Ajay Krishnan G

Adoney T John

Manoj George

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